

FAMILY RESOURCE CENTER

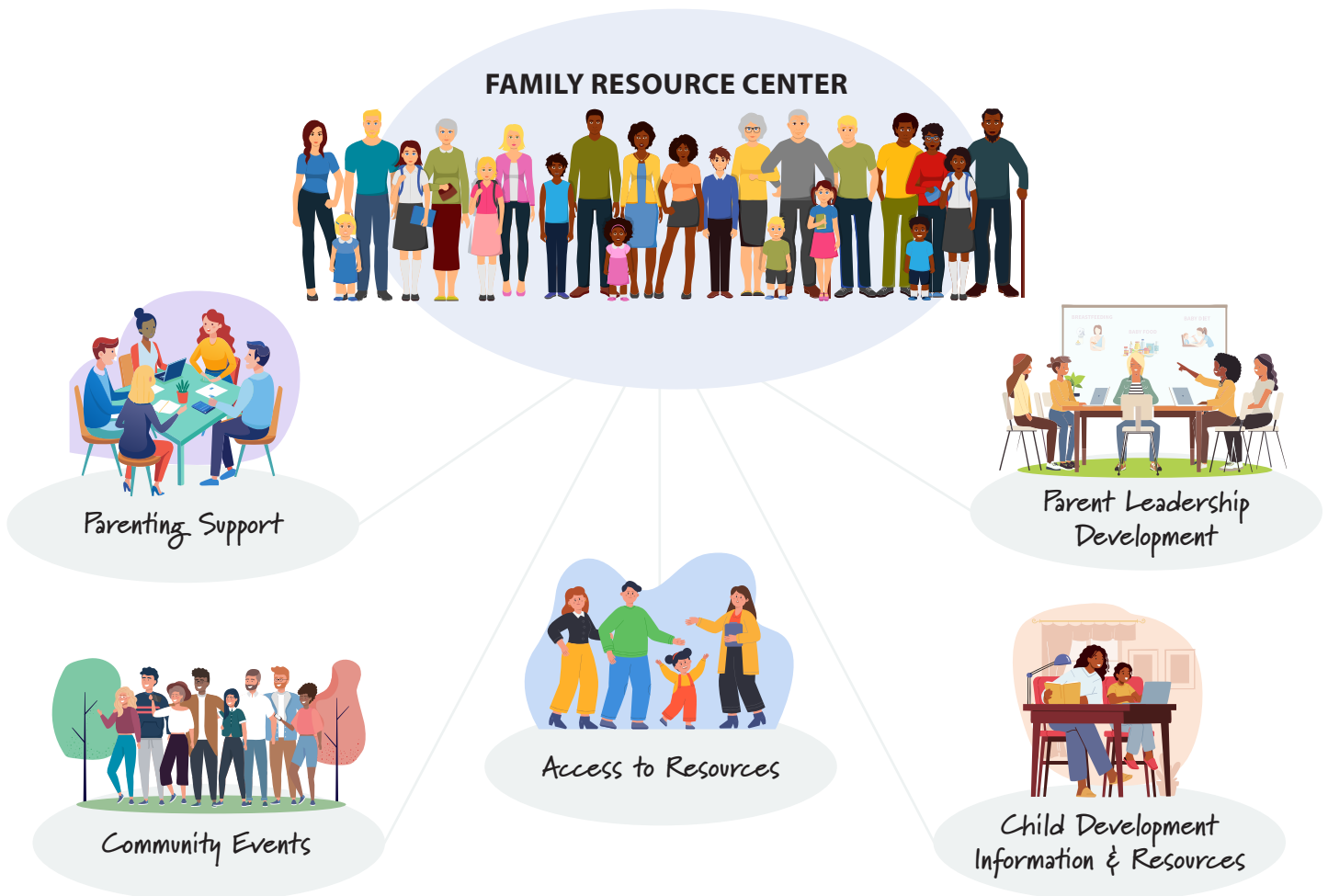
What is a Family Resource Center?

Family Resource Centers (FRCs) are community hubs for all families to access supports and opportunities. FRCs help families connect with existing resources such as healthcare, food, and nutrition support or clothing. They help caregivers feel more supported in and informed about the important responsibility of raising children. FRCs are responsive to the needs of the community, which may look different in various parts of the County.

FRCs are researched-based and strengthen families in a way that helps caregivers promote optimal child development. They are open and available to all families. FRCs exist across the country, including in other Minnesota counties.

The experience of raising children can be rewarding and joyful as well as challenging and lonely at times. We all share the goal of wanting our children to grow into happy, healthy adults. That's what FRCs are here to help with.

Examples of Family Resource Center Services





Family Resource Centers (FRCs) are being developed in various regions of the county and are led by parent advisory councils within communities. The FRC in New York Mills is the first to employ a full-time director.



WHAT IS THE GOAL?

Programming at an FRC is offered at no cost or a low cost to families, and helps families build:

- › Resilience
- › Social connections with other families
- › Knowledge about effective parenting
- › Social and emotional understanding of their children

Some FRCs will be housed in physical locations, while others in the county are yet to be determined. The center will be staffed with welcoming, nonjudgmental people to provide direct assistance and help connect families with organizations that can assist them.

The county is looking to build core teams of parents and other community members in various regions:

- › Continue planning in their respective communities
- › Create an implementation plan and timeline
- › Secure additional funding



WHERE ARE WE NOW?



Work on the project so far includes:

- › Conducting surveys and in-person community outreach to hear about unmet needs in our communities
- › Conversations with partners and families to share what FRC services could look like
- › Building a network of individuals and organizations interested in supporting this work
- › Renovation on the New York Mills location
- › Hiring a coordinator for NY Mills location
- › Seeking community volunteers to serve on a parent advisory committee



For more information regarding the progress of Family Resource Centers, please visit or scan the QR code.



SCAN ME